

GLUTEN FREE MENU: SPR2018

WEEK1	Monday	Tuesday	Wednesday	Thursday	Friday
R	Chicken Fillet GF Gravy	Bacon & Mushroom GF Pasta	Roast Chicken GF Gravy	Chicken Korma	GF Pasta Bake with Tomato/Basil
B	GF Pasta with Tomato & Basil Sauce	Jacket Potato with Cheese or Tuna	Jacket Potato with Cheese or Tuna	GF Pasta with Tomato & Basil Sauce	Jacket Potato with Cheese or Tuna
G	Jacket Potato with Cheese or Tuna	Sandwich GF Bread Ham/Cheese/Tuna	Sandwich GF Bread Ham/Cheese/Tuna	Jacket Potato with Cheese or Tuna	Sandwich GF Bread Ham/Cheese/Tuna
	Diced Potatoes Sweetcorn Rice	Diced Potatoes Sweetcorn	Roast Potatoes Broccoli Carrots	Potato Wedges (Plain) Rice Sweetcorn	Chips Beans Peas
	GF Cupcake Fruit Salad Fromage Fraais	GF Cupcake Fruit Salad Fromage Fraais	GF Cupcake Fruit Salad Fromage Fraais	GF Cupcake Fruit Salad Fromage Fraais	GF Cupcake Fruit Salad Fromage Fraais

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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
R	Chicken Fillet	Cheese & Potato Pie with Beans	Roast Chicken GF Gravy	Chicken Korma	GF Pasta with Tomato & Basil Sauce
B	GF Pasta with Tomato & Basil Sauce	Jacket Potato with Cheese or Tuna	Jacket Potatoes with Cheese or Tuna	GF Pasta with Tomato & Basil Sauce	Jacket Potato with Cheese or Tuna
G	Jacket Potato with Cheese or Tuna	Sandwich GF Bread Ham/Cheese/Tuna	Sandwich GF Bread Ham/Cheese/Tuna	Jacket Potato with Cheese or Tuna	Sandwich GF Bread Ham/Cheese/Tuna
	Diced Potatoes Carrots Peas	Sweetcorn Peas	Roast Potatoes Broccoli Carrots	Rice Potato Wedges (Plain) Sweetcorn	Chips Peas Beans
	GF Cupcake Fruit Salad Fromage Frai	GF Cupcake Fruit & Jelly Fruit Salad Fromage Frai	GF Cupcake Fruit Salad Fromage Frai	GF Cupcake Fruit Salad Fromage Frai	GF Cupcake Fruit Salad Fromage Frai

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WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
R	GF Sausage (No Bread) Jacket Potato with Cheese or Tuna	Spaghetti Bolognese with GF Pasta Jacket Potato with Cheese or Tuna	Roast Chicken GF Gravy Cheese & Potato Pie	Chicken Korma GF Pasta with Tomato & Basil Sauce	GF Pasta Bake Jacket Potato with Cheese or Tuna
B	Jacket Potato with Cheese or Tuna	Jacket Potato with Cheese or Tuna	Cheese & Potato Pie	GF Pasta with Tomato & Basil Sauce	Jacket Potato with Cheese or Tuna
G	Sandwich GF Bread Ham/Cheese/Tuna Sweetcorn Peas	Sandwich GF Bread Ham/Cheese/Tuna New Potatoes Carrots Peas	Sandwich GF Bread Ham/Cheese/Tuna Roast Potatoes Broccoli Carrots	Jacket Potato with Cheese or Tuna Potato Wedges (Plain) Rice Sweetcorn	Sandwich GF Bread Ham/Cheese/Tuna Chips Peas Beans
	GF Cupcake Fruit Salad Fromage Frais	GF Cupcake Fruit Jelly Fruit Salad Fromage Frais	GF Cupcake Fruit Salad Fromage Frais	GF Cupcake Fruit Salad Fromage Frais	GF Cupcake Fruit Salad Fromage Frais